

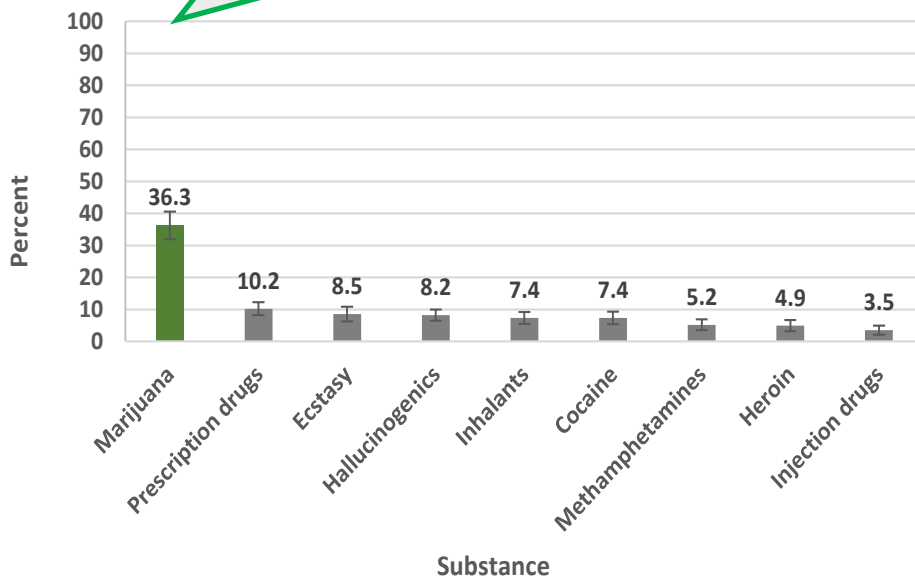
Youth Substance Use: Kaua'i County

2017 Hawai'i State Epidemiological Outcomes Workgroup



More youth have used **marijuana** during their lifetime than *any other substance* (2015 YRBS).

12.6% of Kaua'i County youth have used marijuana **before age 13**



Compared to only **7.5%** in the US! (2015 YRBS)

How do we change this?

1. Enhance protective factors & reduce risk factors.
2. Tailor the program to the specific population, considering age, gender, and ethnicity.
3. Family-based prevention programs should enhance *family bonding* and include parenting skills.

Related Risk Factors:

Exposure to substance use and **community norms** can **increase** use in our youth!

(Beyers et al., 2004)*

For a complete list of evidence-based principles to guide prevention programs go to: <https://www.samhsa.gov/nrepp>



*For more information on youth substance use and full citations, email cnigg@hawaii.edu to request the State Epidemiological Profile: Selected Youth and Adult Substance Use Indicators

