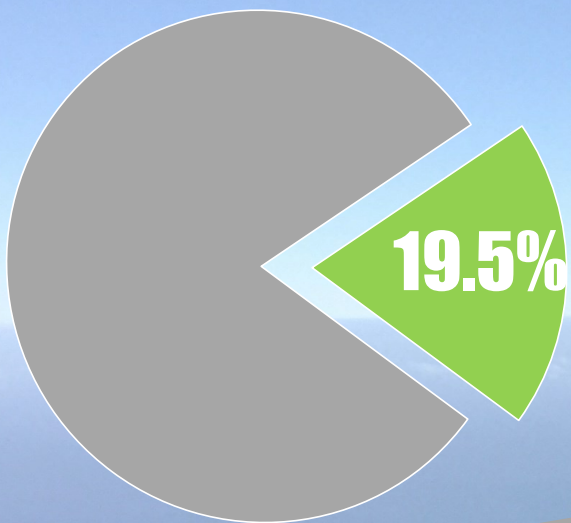


Adult Alcohol Use: Kauai County

2017 Hawai'i State Epidemiological Outcomes Workgroup



of adults in Kaua'i county reported **binge drinking** in 2014 (BRFSS).

Binge drinking

Is defined as having 5+ drinks on one occasion for men, and 4+ drinks on one occasion for women.

How do we change this?

Community prevention efforts to reduce adult alcohol misuse typically include*:

- **Community** mobilization
- Responsible **beverage-service training**
- Limitation of access through **zoning**

*Primary care settings may also be able to detect alcohol misuse using **brief screeners**, or by asking directly about the number of occasions in the past year the patient has had 4-5 or more drinks in a day.*

*Toomey, T. L., & Lenk, K. M. (2011). A Review of Environmental-Based Community Interventions. *Alcohol Research & Health*, 34(2), 163–166.



In 2012-2014, **5.8%** of adults in Kaua'i County endorsed **drinking and driving** (BRFSS).

Related *Risk* Factors:

Lack of community organization & opportunities for positive involvement can lead to **increased** alcohol use.

(O'Connell et al., 2009)**

For a complete list of evidence-based principles to guide prevention programs go to: <https://www.samhsa.gov/nrepp>

**For more information on adult alcohol use and full citations, email cnigg@hawaii.edu to request the *State Epidemiological Profile: Selected Youth and Adult Alcohol Indicators*

