

# Youth Alcohol Use: Honolulu County

2017 Hawai'i State Epidemiological Outcomes Workgroup



**15%** of youth in Honolulu county reported **drinking** before **the age of 13.**

Compared to **16.9%** for the state and **17.2%** in the US!  
(2015 YRBS)

**37.9%**  
of youth reported in 2013 that their usual source of alcohol was that **someone gave it to them!**

Compared to **32.8%** in the US!  
(2015 YRBS)

## How do we change this?

1. Enhance **enforcement** of laws prohibiting sale of alcohol to minors.
2. Use **interactive techniques**, such as peer discussion and role-playing, in programs.
3. Design built-in **“booster”** sessions, such as following up interventions for middle school students with programs in high school.

## Related Risk Factor:

**Exposure** to alcohol use in the **community** can **increase** use in our next generations!

(Nargiso, Friend, & Florin, 2013)\*

For more information about evidence-based preventive programs, go to: <https://www.samhsa.gov/nrepp>

\*For more information on youth alcohol use and full citations, email [cnigg@hawaii.edu](mailto:cnigg@hawaii.edu) to request the State Epidemiological Profile: Selected Youth and Adult Alcohol Indicators

